

# CQ News

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## Glorious taste of our local cultures



### OUR SAY

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WHEN I pulled on my running shoes on Sunday morning, I kinda wished I hadn't eaten so much the night before.

And I am sure I was not alone in thinking that on Sunday.

My overeating was due to the Central Highlands Multicultural Festival on Saturday night.

I think I tried food from four or five different countries and all of it was a solid 10 out of 10 in my book.

We had friends visiting from up north and we talked them into coming along with us.

I told them my plan of attack – my carefully crafted method of sampling as many dishes as the space in my stomach would allow.

They thought I was joking. But they thanked me in the end.

It was so good to see the community come out and support the event, from holding stalls and cooking mountains of food to performing or just attending.

Our friends spoke highly of the event, explaining their town had a similar event but it was in no way as good – particularly because of the obvious community spirit behind ours in Emerald.

Comments like that make me proud to call the Highlands home.

And that was before they tried the toasted bricks dessert from the Korean tent.

Mind blown. If you missed out, better luck next time.